FREDERICK AND ERDA M. HARROLD FAMILY ENDEOED SCHOLARSHIP

Planting the seed for future nurses
Believing that the Nursing Profession is an honorable one and hoping to pave the way for future nurses, Frederick Harrold chooses to invest in the Betty Irene Moore School of Nursing at UC Davis. Harrold and his sister, Martha MacBride, established the La Rue Frederick Scholarship for Nursing in 2014 to honor the contributions of their mother, who served as a nurse in France during World War One. This year, Harrold endowed a second scholarship.

“Because of my mother, it was a natural jump to help future nurses meet the financial obligation of their education,” Harrold said. “I appreciate the talent at UC Davis.”

This fall, Alicia-Jay Esposo, an experienced oncology nurse, became the first recipient of Harrold’s generosity. Next fall, another incoming graduate student will benefit from the newly created Frederick and Erda M. Harrold Family Endowed Scholarship.

“I am so pleased with the school’s curriculum,” Harrold explained. “The ideal recipient of this scholarship would be a nurse who wants to become a nurse practitioner, but cannot afford to do it because of financial commitments.”

“We are grateful that Mr. Harrold has twice selected the School of Nursing to recognize the important role of higher education for nurse leaders,” said Heather M. Young, founding dean. “Endowed scholarships attract students of the highest caliber who will lead the transformation of health care.”

Harrold hopes the gift — named after him and his late wife of 62 years, Erda — multiplies like a seed.

“I hope these graduates will encourage others to pursue graduate school,” Harrold said. “A flower with the most seeds regenerates the most flowers. That’s true in health care, too.”

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—VICTORIA MARIE CONLU

29% of the U.S. adult population provides care to someone who is ill, disabled or aged

Since the current health care system often fails to meet older adults’ needs, School of Nursing researchers work to find models of health care delivery that provide high-quality and cost-effective care for older persons and prepare future providers for new roles required under these models.

What do you think are the most pressing issues for family caregivers?

Send your thoughts to Sallie-Grace Tate: sgtate@ucdavis.edu

DID YOU KNOW?

SCHOLARSHIP RECIPIENT PROFILE: VICTORIA MARIE CONLU
Graduate student’s quest to answer the ‘why’ brings her to UC Davis

VICTORIA MARIE CONLU’S passion for journalism shaped her San Francisco-Bay-Area-high-school experience. Before she ever graduated, she earned the inaugural Campaign for College Opportunity Scholarship and a job with the Contra Costa Times. Conlu’s hunger for higher education and quest to change health systems led her to the nursing profession and the master’s degree leadership program at the Betty Irene Moore School of Nursing at UC Davis.

“In nursing school, classmates questioned my interest in public health,” Conlu recalled. “But I wondered why certain groups of people kept coming back to the hospital and how other resources might keep them healthy?”

Finding answers to her many questions nagged at the journalist in Conlu. Today, as a public-health nurse with Child Welfare Services at the Health and Human Services Agency in Yolo County, she works with families to get to the root of their problems.

“Sometimes we put Band-Aids on issues that need to be investigated deeper,” Conlu explained. “Coming to the School of Nursing is the next step in my progression.”

Conlu was awarded the inaugural National Advisory Council Endowed Scholarship, a newly endowed fund established by the School of Nursing’s volunteer council representing all facets of national health care leadership.

“To think there are volunteers who care enough about changing health care that they would invest their resources into people like me, it’s amazing,” Conlu said. “I think every nurse needs to be a journalist and investigate why things are happening to people, then share that knowledge with others.”
RESEARCH SPOTLIGHT: NAVIGATING END-OF-LIFE CARE

When the end of a loved one’s life approaches, family, friends and caregivers face a barrage of emotions and checklists. In hopes of improving the quality of life for those nearing its end, the Alameda County Care Alliance launched an innovative church-based care navigator program for congregants and their caregivers. Alliance leaders then reached out to experts from the Betty Irene Moore School of Nursing at UC Davis to develop a health-coaching model to train care navigators, as well as design and implement an evaluation of the program.

“Clergy at five area churches told us they spend a large portion of their time counseling congregation members with advanced illnesses,” said Cynthia Carter Perrilliat, executive director of the alliance in Oakland, California. “We set out to ascertain the concerns, needs and resources of the community.”

A care navigator is someone who provides personal guidance as individuals manage a health condition or move through the health care system. The alliance’s pilot project trains clergy and other congregation members as community care navigators.

“What this program does is to put people at ease and understand they’re not by themselves,” explained Bishop J.W. Macklin of Glad Tidings Church of God in Christ. “We want to get them over their fears.”

“Research driven by the community and led by members within that community offers great promise for replication and sustainability,” added Janice Bell, associate professor at the School of Nursing.

The partnership supports the School of Nursing’s focus on working with communities to understand their needs, then develops solutions to meet those needs. Researchers hope to reduce health disparities and improve quality of life beyond this one community.

“We are part of the team invited to the table to think about how we grow this,” explained Jill Joseph, School of Nursing associate dean for research. “So that families can understand what they want, say what they want and get what they want, when dealing with the end of life.”

A COMMUNITY OF CAREGIVERS

Continued from page 1 approaches to support family caregivers in culturally sensitive ways. From this review, it became clear that we must develop, implement and evaluate approaches that provide the kinds of supports that caregivers actually need and, at the same time, build community capacity to support caregiving as an often invisible and commonly isolating contribution.

School of Nursing Assistant Professor Carolina Apesoa-Varano, a sociologist whose research is dedicated to advancing health for older people, currently leads a study to understand the experiences and needs of Latina caregivers of older family members with dementia. She hopes to develop a socio-culturally informed non-kin intervention model for reducing emotional distress and burden based on the recommendations from family caregivers and other key stakeholders.

Associate Dean for Research Jill Joseph and Associate Professor Janice Bell and are partnering with members of the faith community in Alameda County to enhance capacity of members of congregations to support family caregivers. In late August, the churches came together for a blessing of family caregivers, bringing their contributions forward for affirmation and celebration. We join these leaders in recognizing and appreciating all caregivers among us. ♦

Family caregivers celebrate contributions at church gathering in Alameda County.
Fifth graduate program nears reality

THE MASTER’S ENTRY PROGRAM IN NURSING, the fifth graduate-level program at the School of Nursing, is two steps away from becoming a reality. This accelerated program offers the quickest route to registered nursing licensure for adults who already completed an undergraduate degree in another discipline and prerequisite courses to transition into the nursing profession. School leaders anticipate welcoming students in summer 2016.

Betty Irene Moore Hall groundbreaking

A GROUNDBREAKING CELEBRATION for the $50 million, 70,000-square-foot Betty Irene Moore Hall is set for Nov. 10 on the UC Davis Sacramento campus. The program, featuring leaders from the School of Nursing, UC Davis, UC Davis Health System, along with the Gordon and Betty Moore Foundation, begins at 1:30 p.m. You may R.S.V.P. online at the website sonrsvp.com. Once complete in fall 2017, Betty Irene Moore Hall will feature collaborative learning spaces and state-of-the-science simulation suites to support interprofessional education.

Welcome new students

THE SCHOOL OF NURSING welcomed 73 new graduate students at ceremonies earlier this year. In July, aspiring nurse practitioners and physician assistants received their white coats at a special ceremony. In September, students pursuing doctoral and master’s degrees in leadership attended immersion week and began their course of study. Students in this year’s classes range in age from 23 to 53 and are from as close as Sacramento and as far as Florida.

To learn more about these advancements at the School of Nursing, contact Sallie-Grace Tate at sgstate@ucdavis.edu or 916-734-2783.