Teaching spaces and methods shape innovative education

EDUCATIONAL PROGRAMS at the Betty Irene Moore School of Nursing place an emphasis on problem solving, independent thinking and individual accountability to empower students to fulfill their learning needs and prepare them to lead in health care. Faculty and students work together to create environments that promote leadership, interprofessional education, transformative research and cultural inclusiveness. Through innovative teaching and learning approaches that address a variety of learning styles, professors actively engage students.

Whether it’s future researchers and nursing faculty looking to advance their careers or nurse practitioners and physician assistants seeking greater clinical knowledge, all students at the School of Nursing benefit from professors with diverse interests who create learning environments that energize them to be agents of health-care change. Many courses use the flipped classroom style of learning where students work independently to review content and come to class prepared to engage in meaningful discussions around a topic. Technology allows students to maximize learning time by completing coursework in advance of classroom instruction. New research validates that student-driven education promotes retention far better than lecturing. At the School of Nursing, the elimination of lecture-style instruction engages students in a two-way flow of information.

STUDENT-DIRECTED LEARNING TO ENHANCE LESSONS

AS CHARLES BONWELL AND JAMES EISON, authors of “Active Learning: Creating Excitement in the Classroom,” describe it, “Students must do more than just listen: They must read, write, discuss or be engaged in solving problems. Most important, to be actively involved, students must engage in such higher-order thinking tasks as analysis, synthesis and evaluation.” Gone are the stage and the podium from where a professor orates and imparts noble truths. Face-to-face collaboration enables students and faculty to extract the greatest value from both academic and personal perspectives. Since students learn based upon their personal experiences, motivators and capacities, professors develop classroom and clinical lessons that enable students to apply and develop their greatest talents.

TRANSFORM provides insight on issues at the heart of the Betty Irene Moore School of Nursing at UC Davis and its vision to advance health and ignite leadership through innovative education, transformative research and bold system change.

The TRANSFORM series is available at nursing.ucdavis.edu
INTEGRATIVE CASE-BASED LEARNING TO EXPAND APPROACH

IN ADDITION TO STUDYING health-care concepts, conditions or diagnoses, School of Nursing faculty use case scenarios from real case examples of people living with real conditions that impact their health. The cases are developed so that none of the people are identifiable, yet the details of specific events in a context or situation promote an authentic learning experience. Professors incorporate family relations, regional geography, cultural competence and socio-demographic details, with the hope that students will better appreciate the impact of multiple systems on individual health and well-being.

By seeing past the chronic condition to explore the bigger picture, students acquire a unique set of knowledge, skills and attitudes that enable them to administer care effectively and lead a team of caregivers confidently and in the best interest of the entire person. These cases serve as curricular threads that decrease course isolation and facilitate learning across the curriculum. Students develop a collaborative, team-based approach to their education, and ultimately, their profession.

SIMULATED LEARNING TO MIMIC THE REAL THING

After much research and years of teaching, faculty agree that students who have learned how to think critically make better judgments in a clinical situation than those who have merely memorized facts. The amount of knowledge required today to practice safe care goes beyond traditional, from-the-podium instruction. A well-designed simulation curriculum establishes critical thinking and clinical decision-making abilities in a learner-centered environment. Through simulation-based learning, School of Nursing graduate students experience clinical-care situations in real time without risking safety. Once they leave the simulated clinical setting, students and faculty review their actions and ask questions in a debriefing that provides a deeper understanding of the students’ roles and decisions.

ASSESSING PERSONALITIES TO FOSTER LEARNING

UNDERSTANDING THE DYNAMICS of one’s personality enables an individual to act more genuinely, work more efficiently and function effectively in a team environment. The Myers-Briggs Type Indicator is a trusted personality assessment used worldwide to measure psychological types and provide an understanding of different personality preferences. The assessment aims to help students and professionals better interpret their strengths and weaknesses in the classroom and workplace and to enhance a team’s dynamic.

The knowledge gained from the data reports promotes a greater understanding of self and others by increasing awareness of how individuals gather information, make decisions and interact with others. Once students learn more about their individual personality traits, they can focus on their talents and strengths while increasing their understanding of others’ differences and improve their problem-solving skills.

Active and collaborative learning and teaching is more effective than lecture methods and individually based learning. Faculty at the Betty Irene Moore School of Nursing recognize adults learn differently and instruction must accommodate multiple learning styles. The school is creating spaces and enhancing methods to address the changing needs of education and to promote students’ success, advance teaching and improve learning.

For more information on the teaching methods and educational programs at the School of Nursing visit nursing.ucdavis.edu.